

# Enlightened Super Trader Education

Learn To Be a Consistent, Profitable Trader Through Discipline,  
Integrity, and Excellence

## *2015 Class Curriculum*

**Schedule: Mon-Fri**

**Times: Daily**

**Place of Meeting:  
Trader Dojo and  
Online Dojo**

- Beginner – White Belt
- Intermediate – Blue Belt
- Advanced Level I – Brown Belt
- Advanced Level II – Brown Belt 2 Stripes
- Live Trading
- Group Coaching
- Pricing
- Class Timetable



"Learn To Be A Consistent, Profitable Trader!"  
[www.estetrader.com](http://www.estetrader.com)

## **I Beginner Level (White Belt) – Class Requirements**

**Goal:** The goal of this class is for you to learn:

- The “Be” from ESTE’s Be-Do-Have Trading Principle to know thyself
- Your beliefs that can either limit or support your trading success
- Your value systems that coincides with your limiting or supporting beliefs
- Your emotional needs in trading
- Your bad and good habits
- How you can shift your thinking to be a consistent, profitable trader
- The Foundation of ESTE’s trading methodology through Macro Fundamentals, Price, Supply and Demand, and The Energy Flow of Price

### **1. Trading Psychology 101 – The Art of Quantum Trading**

This class is the key foundation course for trading success. This class will assist beginner traders (white belts) to be aware of what might cause them to self-sabotage their success in trading. It is a self-awareness class that will also assist the trader to think and trade like a champion.

#### **There are 3 Phases To Trading Psychology 101**

##### **Phase 1 – Planning and Preparation and Finding Out Your Key Challenges In Trading**

One of the main reasons 75% - 95% of retail traders fail to profit consistently is because they don’t know what they don’t know. We can only see the 180 degrees that’s in front of us and one of the main challenges that we face in our day to day lives is seeing the 180 degrees that’s behind us.

As part of this class you are going to learn:

- How to focus on becoming aware of these key challenges in trading.
- How to create your own plan to prepare yourself to be a consistent, profitable trader.
- How to create your own trading business plan

## **Phase 2 - Looking At Your Challenges and How To Overcome Them**

We will discuss and look at your beliefs that either limit you or support your trading success. We are going to look at your current values and determine whether they support your current beliefs. We are going to look at your habits and your emotional needs and determine whether you're treating trading as a hobby or as a business. We are going to look at the processes that lead to becoming a consistent, profitable trader. Lastly, we are going to discuss how balance and nutrition make a difference when trading. After 30 days in the program, you will experience a big change in yourself.

## **Phase 3 - How to Maintain Your Success Through Self-Awareness**

Once you have defined the main reasons behind your insecurities, your fear, your self-esteem, your lack of self-confidence, and your limiting beliefs, you're going to learn processes to maintain your success through self-awareness.

### **Book required for this class:**

[\*"Why You Could Be Destined To Fail In trading and How You Can Avoid It! – The Path of a Champion"\* By Reynaldo Soriano Jr.](#)

[\*"pH Miracle"\* By Dr. Robert Young](#)

[\*"The Creature From Jekyll Island"\* By Edward Griffin](#)

### **Videos required to watch for this class:**

The Inside Job  
Floored  
The Pit

## **2. Beginner Classes**

The beginner classes comprises of the following:

## **Session 1 - Choosing The Right Learning Vehicle To Trade: Introduction To FOREX**

Choosing the right vehicle to trade is very important during the learning process. We believe that this is one of the main issues that contribute to the 75%-95% of retail traders who fail to profit consistently trading the markets. We have found that learning how to trade FOREX (Foreign Exchange) is the right vehicle for learning.

As part of the beginner's class you are going to learn:

- Why FOREX is excellent for learning how to trade and how FOREX can be used to make unlimited amounts of money.
- How FOREX can improve your global economic knowledge and be advantageous to your portfolio.
- The ins and outs of FOREX.

## **Session 2 – Session 4: Macro Fundamentals – News, Commodities, Dollar Index, and Bonds**

You are going to learn key leading indicators that causes price to go up and down. You are going to learn secret information that institutions and professional traders look at when trading. Macro-fundamentals are important as they give us clues and awareness when planning a trade.

## **Session 5: How To Drive FXCM**

FXCM is a leading FX provider and this is what ESTE uses. You are going to learn how to drive FXCM's trading platform.

## **Session 6: Platform Basics**

You are going to learn what type of orders that needs to be done when trading.

## **Session 7: Introduction To Technical Analysis**

We have found that the majority of retail traders who trade price patterns, and trade indicators do not fully understand technical analysis because they do not have the foundation of technical analysis to begin with. You are going to understand the mechanics of technical analysis to avoid subjectivity.

It is imperative to be very objective in trading and in this class, you will learn:

- The basics and mechanics of technical analysis in its purest form
- The components of technical analysis
- The foundation of technical analysis
- What causes prices to go up and down
- How to read candlesticks objectively
- How to read price objectively
- The key players of buying and selling

## **Session 8: The Energy Flow of Price**

The energy flow of price is one aspect that is misunderstood by retail traders. In this class you are going to learn:

- Why the Highs and Lows of Price are Important
- How to determine a confirmed Low and High Price of a trend
- How to draw trends objectively
- The hierarchy of trends and why they are important
- How to determine a low risk high probability trade based on trends
- How to almost have a guaranteed stop loss

## **Session 9: The Importance of Supply and Demand Explained**

Supply and demand is the backbone of market economy and it is the fundamental of trading.

You are going to learn:

- The full concept of supply and demand in trading based on price.
- How to determine where professionals buy and sell
- How to determine a low risk, high probability trade

- How to define and draw supply and demand levels objectively
- How to determine an area of supply and demand
- How to measure profit targets with high probability
- How to measure stop losses to have the lowest risk

### **Session 10: Step By Step Process How To Analyze Macro Fundamentals**

Objectivity is very important with ESTE. You will learn a step by step process how to analyze the Macro Fundamentals so each member will be on the same page with each other.

### **Session 11: 4 Simple Steps How To Analyze A Chart Objectively**

Objectivity is very important with ESTE. You will learn 4 simple steps how to analyze a chart objectively so each member will on the same page as a team.

### **Book required for the Beginner Classes:**

["The Candlestick Course" By Steve Nison](#)

## **3. Live Trading**

Live trading is an important part of the learning process. Similar to sports where in order for an athlete to test his/her skills and to gain experience, he or she must compete. Live trading will have the same effect for the trader. Fortunately, FOREX gives the trader the ability to test his/her skills and gain experience using a small amount of capital. This will help the trader detect his/her progression and any deficits that he/she might need to improve on whether technically or mentally.

## **4. Group Coaching**

This is a once a week group coaching class and you will set goals for the week. We are also going to create a weekly plan on how you can keep profit consistently with your trading. We are also going to review trading psychology books in this class.

## **Books required for this class:**

["Reminiscences of a Stock Operator" – By Edwin Lefevre](#)

["Trading In The Zone" – Mark Douglas](#)

["The Intuitive Trader" – Robert Koppell](#)

["Bounce" – Matthew Syed](#)

["Blink" – Malcolm Gladwell](#)

And more...

## **II Intermediate Level (Blue Belt) Class Requirements**

Pre-requisite: Pass the Beginner Level and it is a must to assist Beginners.

**Goal:** The goal is to show consistent, profitable results while learning two simple, 100% objective trading methods, the importance of risk management, money management, probability vs risk vs reward, and time management. To continue your trading psychology through meditation and visualization exercises.

### **1. Trading Psychology 202 – Developing Your Trading Psychology Through Meditation and Visualization**

Trading involves a lot of emotions such as fear of losing, fear of execution, fear of success, fear of missing, greed of wanting more, hoping, lack of confidence, impatience, anxiousness, impulsiveness, and vengeance to name a few. These type of negative emotions will come out especially when you are invested with real money of your own. We are going to look at these emotions carefully and you are going to learn processes such as meditation and visualization techniques on how to be aware of them when it automatically comes up and to develop a laser sharp focused concentration.

### **2. Intermediate Classes**

The intermediate classes compromises of the following:

## **Session 1 – How To Define Your Risk Of Ruin**

It is essential to know your risk of ruin before trading. You will need to know the statistical concept of the probability ruining your account if your risk is too high.

## **Session 2 – How To Define Your Positive Expectancy**

Knowing your positive expectancy when trading is imperative as this gives you the probability of your success rate to consistently profit from trading.

## **Session 3 – The Importance of Risk Management**

Aside from trading psychology, risk management is an important element if you want to be a consistent, profitable trader. In this session you will learn if you have been risking too much, risk vs reward, risk vs probability, risk vs probability with Fibonacci, and risk vs probability vs reward.

## **Session 4 – How to Position Size Your Trade**

One of the biggest challenges retail traders face is putting too much risk by betting way too much without knowing the probability of their trade. In this session, you are going to learn how to position size your trades based on risk, reward, and probability.

## **Session 5 – Introductory to ESTE's Sequential Transitioning System (STS)**

You are going to learn one of the best systems ever. How to have your own crystal ball. Yes! Literally your own crystal ball.

## **Session 6 - 2 In 2 Out No Brainer Method (M3)<sup>™</sup> Going Long**

You are going to learn how to apply a long position using ESTE's 2 In 2 Out No Brainer Method (M3)<sup>™</sup> to entries, exits to profit, and stops. It is simple and it is a high probability trading methodology that has a proven track record. M3 will work for FOREX, Futures, and Stocks.

## **Session 7 - 2 In 2 Out No Brainer Method (M3)<sup>TM</sup> Going Short**

You are going to learn how to apply a short position using ESTE's 2 In 2 Out No Brainer Method (M3)<sup>TM</sup> to entries, exits to profit, and stops. It is simple and it is a high probability trading methodology that has a proven track record. M3 will work for FOREX, Futures, and Stocks.

## **Session 8 – M3 Trading Tips**

Despite M3 being a simple trading methodology, you will learn tips how to increase your probability of winning using the M3 method.

## **Session 9 – M3 Back Testing**

You are going to back test M3 to prove the consistency and profitability of M3.

## **Session 10 – Indicators For The Intermediate**

You are going to learn the different types of indicators, why all indicators are not created equal, why you should be aware of them.

## **Session 11 – ESTE ESMS Pattern Recognition Method (M2)<sup>TM</sup> Going Long**

You are going to learn how to apply a long position using ESTE's ESMS Pattern Recognition Method (M2)<sup>TM</sup> to entries, exits to profit, and stops. It is simple and it is a high probability trading methodology that has a proven track record. M2 will work for FOREX, Futures, and Stocks.

## **Session 12 – ESTE ESMS Pattern Recognition Method (M2)<sup>TM</sup> Going Short**

In this session, you are going to learn how to apply a short position using ESTE's ESMS Pattern Recognition Method (M2)<sup>TM</sup> to entries, exits to profit, and stops. It is simple and it is a high probability trading methodology that has a proven track record. M2 will work for FOREX, Futures, and Stocks.

## **Session 13 – M2 Back Testing**

In this session, you are going to back test M2 to prove that you can profit from this methodology consistently.

## **Session 14 – M2 Trading Tips**

M2 has a profit probability of 80%. By knowing the tips of the trade, you can increase your probability of winning even higher. You are going to learn M2's trading tips in this session on how to increase your probability of winning.

## **Session 15 – Intention**

The majority of retail traders trade impulsively. In this session, you are going to learn how to avoid trading impulsively by knowing your intention.

## **Session 16 – Time Management**

In session, you are going to learn how to manage your time as an elite trader.

### **3. Live Trading**

Live trading is an important part of the learning process. Similar to sports where in order for an athlete to test his/her skills and to gain experience, he or she must compete. Live trading will have the same effect for the trader. Fortunately, FOREX gives the trader the ability to test his/her skills and gain experience using a small amount of capital. This will help the trader detect his/her progression and any deficits that he/she might need to improve on whether technically or mentally.

### **4. Group Coaching**

This is a once a week group coaching class and you will set goals for the week. We are also going to create a weekly plan on how you can keep profiting consistently with your trading. We are also going to review trading psychology books in this class.

**Book required for this class:**

["Reminiscences of a Stock Operator" – By Edwin Lefevre](#)

["Trading In The Zone" – Mark Douglas](#)

["The Intuitive Trader" – Robert Koppell](#)

["Bounce" – Matthew Syed](#)

["Blink" – Malcolm Gladwell](#)

And much more...

### **III Advanced Level I (Brown Belt) Class Requirements**

Pre-requisite: Pass Intermediate Level. It is a requirement to teach a beginner class and intermediate class. It is a must to assist beginners and intermediate students.

**Goal:** The goal at the advanced level is to learn professional trading techniques that professional traders use while trading the markets. Advanced traders will also learn advanced hedging techniques, stocks, futures, and learn how to trade intuitively using meditation techniques and self-hypnosis.

#### **1. The Elite Trading Method (M1)**

The Elite Trading Method (M1) says it all. It's a trading methodology that professional traders use. You are going to learn how to use this trading methodology by identifying institutional price points.

#### **2. What Institutions Don't Want You To Know That You Should Know**

Imagine if every retail trader knew what institutions do each and every time they trade? You will learn what institutions don't want you to know that you should know if you want to win consistently from trading.

### **3. How To Determine Institutional Price Points**

Institutional price points leave clues. You will learn how to spot institutional price points and when to buy and when to sell.

### **4. How To Trade With The Markets**

You will learn how to trade with the markets directionally or non-directionally. You will be able to use the same process trading stocks and futures.

### **5. Law of Angles**

Law of Angles has the ability to forecast where a price can hold somewhere, sometime in the future.

### **6. Newton's Laws**

Would you like to forecast the next move of the markets? If yes then you will definitely know how. Newton's laws are powerful and you are going to learn how.

### **7. Law of Harmonic Vibration of Multiple Time Frame Analysis**

Multiple Time Frame Analysis is important in trading. How does it work? You will learn the law of harmonic vibration that creates multiple time frame analysis.

### **8. How To Forecast Future Price Movement With High Probability**

One of the issues retail traders face is how to forecast future price movement. You are going to learn exactly how to forecast future price movement with the highest probability and low risk.

## **9. How To Find Precision Entries and Exits**

You will learn how to find precision, targeted entries and exits at wholesale prices. Wouldn't you like to buy and sell at wholesale prices and not at retail prices?

## **10. Hedging Strategies**

You will learn hedging strategies to minimize your risk.

## **11. Advanced Trading Techniques to Maximize Your Profits**

You will learn advanced trading techniques that will maximize your profits, like averaging up and averaging down.

## **12. Live Trading**

Live trading is necessary to test your trading skills and knowledge. You will live trade on a regular basis using your live trading accounts.

## **13. Advanced Risk Management and Profit Maximizing Strategies**

There are advanced risk management and profit maximizing strategies that professional traders use. You will learn these strategies to minimize your risk and increase your profits.

# **IV Advanced Level II (Brown Belt 2 Stripes) Class Requirements**

Pre-requisite: It is a requirement to teach a beginner class and intermediate class. It is a must to assist beginners and intermediate students as this will aid the student increase his knowledge, consistency, and profitability as a trader.

Advanced Level II is a continuation of Level I and almost to black belt standards.

## **14. How To Trade Using Your Intuition**

You will learn how to trade using your intuition and the processes for how to do it.

## **15. Live Trading**

Live trading is necessary to test your trading skills and knowledge. You will live trade on a regular basis using your live trading accounts.

## **16. Advanced Fibonacci Trading Techniques**

We are going to look at advanced Fibonacci trading techniques to identify future price points to enter or exit. Combined with visualization and trends, you will almost have your own crystal ball.

## **17. How To Retire Wealthy**

Trading is just a portion of wealth creation. So how can you retire wealthy? You are going to learn how to retire wealthy.

- How to reduce your credit card debt and increase your FICO score
- How To Find High Interest Checking and Savings accounts
- How To Manage Your Money Automatically
- 401k, ROTH IRA, Self-Managed Super Fund
- How To Trade Stocks
- How To Trade Futures Index
- ETF's
- How to make a passive income with Options

## **18. Group Coaching**

This is a once a week group coaching class and you will set goals for the week. We are also going to create a weekly plan on how you can keep profit consistently with your trading. We are also going to review trading psychology books in this class.

**Book required for this class:**

["Reminiscences of a Stock Operator" – By Edwin Lefevre](#)

["Trading In The Zone" – Mark Douglas](#)

["The Intuitive Trader" – Robert Koppell](#)

["Bounce" – Matthew Syed](#)

["Blink" – Malcolm Gladwell](#)

And much more...

### **Special Notes:**

1. **Beginners** will **not** be **allowed** to be in the intermediate and advanced classes.
2. **Intermediate** will be **allowed** to be in the **beginner** classes but **not** in the **advanced** classes.
3. **Advanced** students are **allowed** to be in the beginner and intermediate classes.
4. Beginners, Intermediate, and Advanced students can have one-on-one coaching separately (Coaching Price Applies).
5. It is a **pre-requisite Advanced** members to **teach a Beginner's and Intermediate** class each week.
6. Order of the class topics may vary.

### **Pricing:**

#### **ESTE's 25% Club Member:**

- I. Beginners: \$600 / Month
- II. Intermediate: \$825 / Month
- III. Advanced: \$1050 / Month

There's a \$150 a year membership fee that will save you more than \$2,400 towards your education.

Members will receive:

- 25% Discount Per Month on Monthly Fees
- Free ESTE T-shirt

- Free Book – “Why You Could Be Destined To Fail In trading and How You Can Avoid It!”
- Free ESTE Trading Journal
- Free ESTE Trading Pen
- Free ESTE Stress Release Ball
- Access to Any AND All of the Trading Classes – Trader Dojo™ and Online Dojo™
- Consistent, Profitability

### **Non-Member**

- I. Beginners: \$800 / Month
- II. Intermediate: \$1100 / Month
- III. Advanced: \$1400 / Month

You will receive:

- Access to Any AND All of the Trading Classes – Trader Dojo™ and Online Dojo™

**Elite Member Maintenance Fee:** \$300 / Month

When you have graduated from the ESTE program, you are now self-sufficient of being a consistent, profitable trader. Sometimes, you just need some guidance to get motivated, focused, and committed.

**One-on-One Coaching:** \$200 / Hour

**Unlimited Day Pass: Trader Dojo and Online Trader Dojo:** \$200 / Day

### **Express Pass Elite Member Professional Packages**

- 3 Months One-on-One Coaching: \$7,500
- 6 Months One-on-One Coaching: \$15,000
- 12 Months One-on-One Coaching: \$25,000

All Professional packages will receive one-on-one coaching on top of the classes available to you, unlimited support and all necessary information and tools that would make you a consistent, profitable, professional trader.

Note: All prices are in US Dollars.

**Enlightened Super Trader Education**

**Weekly Timetable**

Time in PST(+3 hrs EST)	Monday	Tuesday	Wednesday	Thursday	Friday
<b>US Session</b>					
9:30am - 10:30am		Trading Psychology 101 (ESTE Trader Dojo™)			
10:00am - 10:30am	Advanced Class (ESTE Trader Dojo™)	Trading Psychology 101 (ESTE Trader Dojo™)		Trading Psychology 101 (ESTE Trader Dojo™)	Advanced Class (ESTE Trader Dojo™)
10:30am - 11:00am	Advanced Class (ESTE Trader Dojo™)	Beginner Class (ESTE Trader Dojo™)	Live Trading (ESTE Online Dojo™)	Trading Psychology 101 (ESTE Trader Dojo™)	Advanced Class (ESTE Trader Dojo™)
11:00am - 11:30am	Intermediate Class (ESTE Trader Dojo™)	Beginner Class (ESTE Trader Dojo™)	Live Trading (ESTE Online Dojo™)	Beginners Class (ESTE Trader Dojo™)	Trading Psychology 202 (ESTE Trader Dojo™)
11:30am - 12:00pm	Intermediate Class (ESTE Trader Dojo™)	Support Class – 1hr Intermediate (ESTE Online Dojo™)	Support Class – 1hr Beginner (ESTE Online Dojo™)	Beginners Class (ESTE Trader Dojo™)	Intermediate Class (ESTE Trader Dojo™)
12:00pm - 1:00pm	Live Trading (ESTE Trader Dojo™)			Live Trading (ESTE Trader Dojo™)	Interm/Live Trading (ESTE Trader Dojo™)
<b>Australasian Session</b>					
2:00pm - 3:00pm	Advanced Class (ESTE Online Dojo™)	Trading Psychology 101 (ESTE Online Dojo™)	Advanced Class (ESTE Online Dojo™)	Trading Psychology 101 (ESTE Online Dojo™)	
3:00pm - 4:00pm	Intermediate Class (ESTE Online Dojo™)	Beginner Class (ESTE Online Dojo™)	Intermediate Class (ESTE Online Dojo™)	Beginners Class (ESTE Online Dojo™)	
4:00pm - 5:00pm	Support Class – 1 hr Beginner (ESTE Online Dojo™)			Support Class – 1hr Intermediate (ESTE Online Dojo™)	
<b>European Session</b>					
11:00pm - 12:00am	Group Coaching (ESTE Online Dojo™)	Advanced Class (ESTE Online Dojo™)	Trading Psychology 202 (ESTE Online Dojo™)	Intermediate Class (ESTE Online Dojo™)	
12:00am - 1:00am	Trading Psychology 101 (ESTE Online Dojo™)	Intermediate Class (ESTE Online Dojo™)	Trading Psychology 101 (ESTE Online Dojo™)	Live Trading (ESTE Online Dojo™)	
1:00am - 2:00am	Beginner Class (ESTE Online Dojo™)	Live Trading (ESTE Online Dojo™)	Beginner Class (ESTE Online Dojo™)	Advanced Class Level 2 (ESTE Online Dojo™)	
This will be Aussie Time. Please email us <a href="mailto:estetraders@gmail.com">estetraders@gmail.com</a> for more details	Beginner - Australia Support Class – Harry H. (ESTE Online Dojo™) Monday Aus Time		Interm/Adv - Australia Support Class – Harry H. (ESTE Online Dojo™) Wednesday Aus Time		

<b>Main Key Points:</b>						
Beginner/White Belt Members Only	Intermediate/Blue Belt Members Only	Advanced/Brown Belt Members Only	Trading Psych 101 (Beginner Members)	Trading Psych 202 (Inter/Adv Members)	Group Coaching (Beg/Interm/Adv)	Live Trading (Beg/Interm/Adv)
<b>Added Key Points:</b>						
Advanced Level 2 (Brown Belt 2 Stripes)			Support Class (Beg/Interm/Adv)			

Special Note: All Times Are In Pacific Standard Time (PST – California Time) Times can change at any time.